

Pathway to Bariatric Surgery Checklist

The process towards bariatric surgery is in accordance with insurance and surgical criteria. Our checklist is designed to help you complete all criteria prior to seeking insurance authorization. Our checklist is not an exhaustive list and the timeline for each patient may slightly differ in terms of insurance policy, ancillary results, willingness to comply, etc.

Steps 1- 7 are mandatory for ALL patients.

Step 1: **Letter of Medical Necessity**

- Sample letter is provided for your Primary Care Physician

Step 2: **Psychological Evaluation**

- Please verify that your insurance is in network with provider

Dr Ron Lelito	(716) 631-3555	400 International Dr Williamsville NY 14221
Dr Jeffrey Lackner	(716) 898-5671	462 Grider St, DK Miller Bldg Buffalo NY 14215
Dr Sherilyn Thomas	(716) 633-6900	5500 Main St, St 207 Williamsville NY 14221
Dr Michael Santa Maria	(716) 690-2560	445 Tremont St, Rm 331 N. Tonawanda NY 14120

Step 3: **Nutritional Evaluation**

- Please verify that your insurance is in network with provider

Kristin Gill, RDN, CDN	(716) 891-2541 kgill@chsbuffalo.org	2605 Harlem Rd Cheektowaga NY 14225
Allyson Odachowski, RDN, CSSD, CDN	716.626.7415 allyson@allysonRD.com	8600 Sheridan Dr, Suite 2A Williamsville NY 14221

Step 4: **Exercise Evaluation**

- Initial evaluation + 4 exercise classes (\$40)

CHS PT @ St Joseph Campus	(716) 891-2703	2605 Harlem Rd Cheektowaga NY 14225
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Step 5: **EMMI Education Program**

- An interactive video program online to view your bariatric procedure & anesthesia
- Access code provided for you and sent via e-mail

Step 6: **Support Group**

- Register with front office upon initial consult check out
- Or online registration at <https://buffaloweightlossportal.pattrax.com/Seminar>

Step 7: **Baseline Labs**

- Script provided for you or you can obtain the following from your PCP (within 6 months)
- CBC, CMP, Lipid Panel, Ferritin, Total Iron, TIBC, Vitamin B12, Vitamin D, Calcium, HgA1C, TSH, Folate

Step 8: **Medically Supervised Weight Management Program Requirement**

- Provided only if criteria is an insurance requirement

Step 9: Additional Criteria

<input type="checkbox"/> Endoscopy (EGD) <ul style="list-style-type: none"> - Digestive Health Physicians (716) 895-4400 2625 Harlem Rd Suite 240 Cheektowaga, NY 14225 	<input type="checkbox"/> Polysomnography <ul style="list-style-type: none"> - Catholic Health SleepCare <i>St Joseph Campus</i> (716) 891-2782 2605 Harlem Rd Cheektowaga NY 14225 <i>Kenmore Mercy</i> (716) 447-6046 2950 Elmwood Avenue Kenmore NY 14217 	<input type="checkbox"/> Ultrasound <ul style="list-style-type: none"> - St Joseph Campus Radiology (716) 891-2120 2505 Harlem Rd Cheektowaga NY 14225
<input type="checkbox"/> Cardiology <ul style="list-style-type: none"> - Buffalo Heart Group of Trinity (716) 835-2966 <i>Multiple locations</i> 	<input type="checkbox"/> Pulmonology <ul style="list-style-type: none"> - Pulmonary Group of WNY (716) 631-8863 100 College Pkwy, St 110 Williamsville NY 14221 	<input type="checkbox"/> Hematology <ul style="list-style-type: none"> - Dr Adam Kotowski 716-634-3340 199 Park Club Lane, St 200 Williamsville, NY 14221
<input type="checkbox"/> Colonoscopy (>50 yrs old) <ul style="list-style-type: none"> - Digestive Health Physicians (716) 895-4400 2625 Harlem Rd Suite 240 Cheektowaga, NY 14225 - <i>If last screening was within 7 years, please forward copy to (716) 893-3038</i> 	<input type="checkbox"/> Mammogram (Females >45 yrs old) <ul style="list-style-type: none"> - <i>Please obtain from PCP and forward copy to (716) 893-3038</i> 	<input type="checkbox"/> Pap Smear (Females >18 yrs old) <ul style="list-style-type: none"> - <i>Please obtain from PCP and forward copy to (716) 893-3038</i> - <i>Excluded if patient has h/o hysterectomy</i>

Step 10: Follow up after Initial Evaluation

- Review ALL completed criteria to determine if any additional tests need to be done

Step 11: Provider Review

Step 12: Insurance Specialist Review and Insurance Submission

- Please allow 1-8 weeks for a response from your insurance company.

Step 13: Surgical Coordinator Review

- HgA1c ≤ 7.0%
- CPAP compliance and therapy report
 - 14 consecutive days > 4 hours at 100% usage to schedule surgery and compliance must be kept >80% to maintain surgery date
- Negative Nicotine screening
- Additional circumstance that will determine surgical date include but are not limited to:
 - Hospital Availability, Provider Availability, Type of Procedure, Type of Insurance

Step 14: Surgery Preparation

- Review of surgery readiness may take up to 5-7 business days from insurance authorization at which time you will receive an e-mail notifying you of subsequent steps including:
 - Pre-Surgical Review class
 - Pre-Admission Testing and Medical Clearance

Step 15: Surgery! ☺